



**W**hat to knit for those  
in the services... and how

## DIRECTIONS FOR KNITTING

# Pullover

## V-NECK OR ROUND NECK

### ABBREVIATIONS USED THROUGHOUT

K. — knit; p. — purl; tog. — together; dec. — decreasing; inc. — increasing; st. — stitch; sts. — stitches; rep. — repeat; ins. — inches; beg. — beginning; cont. — continue; patt. — pattern; sl. — slip; m.st. — moss stitch; p.s.s.o. — pass slipped stitch over; st. st. — stocking stitch.

**Materials:** 13 ozs. Copley's 4-ply "Excelsior" wool; 1 pair No. 9 and 1 pair No. 12 knitting needles.

**Measurements:** Length, 21½ ins.; chest, 37-38 ins.; sleeve seam, 20 ins.

**Tension:** 6½ sts. to 1 in.

### V-NECK

#### THE FRONT.

Using No. 12 needles cast on 104 sts. and work 4 ins. in k. 1, p. 1 rib. Change to No. 9 needles. *1st row:* Working into the back of the sts., k. to end. *2nd row:* Purl. These 2 rows form the pattern. Cont. in patt., inc. 1 st. at each end of every 6th row until 126 sts. are on the needle. Proceed without shaping until work measures 14½ ins. from commencement, ending with a p. row.

**To Shape Armholes and Divide for Neck:** Cont. in patt., cast off 5 sts. at beg. of next 2 rows. Dec. 1 st. at each end of next 3 rows. *Next row:* P. 2 tog., p. 53, turn, leave remaining 55 sts. on spare needle. Cont. in patt. on these 54 sts., dec. 1 st. at armhole edge in next 2 rows and dec. 1 st. at neck edge in every alternate row until 33 sts. remain. Now dec. 1 st. at neck edge in every 3rd row until 29 sts. remain. Cont. without shaping until work measures 22 ins. from commencement, ending at armhole edge.

**To Shape Shoulder:** *1st row:* Cast off 6, work to end. *2nd row:* Work to end. Rep. these 2 rows 3 times. Cast off. Re-join wool at neck edge to remaining 55 sts. P. to last 2 sts., p. 2 tog. Now work as given for right side of front.

#### THE BACK.

Cont. as given for front until work measures 14½ ins. from commencement.

**To Shape Armholes:** Cont. in patt., cast off 5 sts. at beg. of next 2 rows. Dec. 1 st. at each end of next 6 rows. Proceed without shaping until work measures 21 ins. from commencement.

**To Shape Shoulders:** Cast off 7 sts. at beg. of next 6 rows, 8 sts. at beg. of next 2 rows. Cast off.

#### THE SLEEVES.

Using No. 12 needles cast on 60 sts. and work 4 ins. in k. 1, p. 1 rib. Change to

No. 9 needles and cont. in patt. inc. 1 st. at each end of the next row and every following 8th row until 94 sts. are on needle. Cont. without shaping until work measures 20 ins. from commencement.

**To Shape Top:** Cont. in patt. cast off 5 sts. at beg. of next 2 rows. Dec. 1 st. at each end of next 2 rows then work 1 row straight. Rep. these 3 rows until 28 sts. remain. Cast off.

#### THE NECKBAND.

Using No. 12 needles cast on 12 sts. and work 7½ ins. in k. 1, p. 1 rib. Dec. 1 st. at beg. of next row, then at same edge in every row until 2 sts. remain. Now inc. 1 st. at the shaped edge in every row until 12 sts. are on needle. Cont. in rib for 13½ ins. Cast off in rib.

#### MAKE UP.

Press work on wrong side with warm iron and damp cloth. Join side, shoulder and sleeve seams. Insert sleeves into armholes placing seams to side seams. Join the neckband and insert into neck opening, arranging the seam to the right shoulder seam and the point to the centre front. Press all seams.

### ROUND NECK

#### THE FRONT.

Work exactly as given until the armhole shaping is reached. Cont. as given, omitting the neck division, and dec. at the armhole edges in every row until 102 sts. remain. Proceed without shaping until work measures 18½ ins. from commencement, ending with a k. row. *Next row:* P. 45, cast off 12, p. to end. Cont. in patt. on last 45 sts., dec. 1 st. at the neck edge in every row until 29 sts. remain. Cont. without shaping until work measures 22 ins. from commencement, ending at armhole edge.

Shape shoulder as given. Work on remaining 45 sts. to correspond.

Work for back and sleeves exactly as given.

#### THE NECKBAND.

Join the right shoulder seam. Using the No. 12 needles, pick up and k. 136 sts. evenly round the neck edge. Work 1 inch in k. 1, p. 1 rib. Cast off loosely in rib.

**MAKE UP** as given for V-neck pullover.

No matting or shrinking when woollens are given Lux care

## DIRECTIONS FOR KNITTING

# Balaclava Helmet



**Materials:** 4 ozs. of Golden Eagle 4-ply "Polynit" wool, set of 4 No. 10 bone needles with points both ends; set of 4 No. 13 steel needles with points both ends.

**Abbreviations:** See Page 2.

**Measurements:** To fit an average to large-size head.

**Tension:** 9 sts. to 1 in. measured over the unstretched rib.

Using No. 10 needles, cast on 180 sts. (60 on each of 3 needles), and work in rounds of k. 2, p. 2 rib for 7 ins. finishing at the end of a round.

**Next round:** Rib to last 24 sts., turn, rib to last 24 sts., turn. Now cont. in rib on these 132 sts. (slipping the other 48 sts. on to one needle, and leaving for the present) but work backwards and forwards instead of in rounds for  $4\frac{1}{2}$  ins., ending with the inside of work facing you. Now place the 132 sts. all on one needle and turn the top of the head thus:—

**1st row:** Rib 43, k. 2 tog., rib 42, p. 2 tog., rib 1, turn.

**2nd row:** K. 2 tog., rib 42, p. 2 tog., rib 1, turn.

Rep. the second row until all the side sts. are worked off and 44 sts. remain. Now take the set of No. 13 needles and cont. thus:—



With first needle rib 22, with second needle rib remaining 22 sts. then on to same needle pick up and knit 44 sts. down side of flap, with third needle work in rib across the 48 sts. left on the No. 10 needle, with fourth needle pick up and knit 44 sts. up the other side of flap and on to same needle rib across the 22 sts. on first needle (180 sts.). Cont. in k. 2, p. 2 rib for 1 in. Cast off in rib. Press lightly under a damp cloth with a warm iron.

**N.B.**—When working flap on 2 needles, place small corks on ends of needles to prevent sts. slipping off, or use spare pair of No. 10 needles with knobs at ends for this part of the helmet.



*It's false economy to use anything but Lux*



## DIRECTIONS FOR KNITTING

### *Mittens and Gloves*

**Materials:** 2 ozs. Patons' Rose Fingering 4-ply for the Mittens; 4 ozs. Patons' Rose Fingering 4-ply for the Gloves; 1 set No. 13 knitting needles.

**Tension:** 8 sts. to 1 in.

**Abbreviations:** See Page 2.

#### **Fingerless Mittens for Men**

Cast on 60 sts. evenly on 3 needles, and work in rounds of k. 2, p. 2 rib for 4 ins. Change to m.st., shaping as follows:

**1st round:** P. 1, k. twice into the next 2 sts., k. 1, p. 1, \* k. 1, p. 1. Rep. from \* to the last st., k. 1. **2nd round:** P. 2, k. 1, p. 1, k. 1, p. 2, \* p. 1, k. 1. Rep. from \* to last st., p. 1. **3rd round:** \* p. 1, k. 1. Rep. from \* to end of round. **4th round:** As the 2nd round. **5th round:** P. 1, k. twice into the next st., m.st. 2, k. twice into the next st., k. 1, p. 1, m.st. to end.

Use Lux and be safe

*Next 3 rounds* : P. 1, m.st. 7, p. 1, m.st. to end. *9th round* : P. 1, k. twice into the next st., m.st. 4, k. twice into the next st., k. 1, p. 1, m.st. to end. *Next 3 rounds* : P. 1, m.st. 9, p. 1, m.st. to end.

Working 2 sts. extra between each gusset inc., rep. these last 4 rows until there are 21 sts. between the 2 p. sts. (78 sts. in round.) *Next round* : P. 1, slip the next 21 sts. on to a piece of wool and leave for the thumb, cast on 6 sts., m.st. to end. (63 sts.)

Work 24 rounds in m.st., inc. 1 st. at the end of the last round. Work 9 rounds in k. 2, p. 2 rib. Cast off loosely in the rib.

**The Thumb** : Slip the 21 thumb sts. on to 3 needles. M.st. to end of round, then pick up and k. 6 sts. along the cast on edge. *Next round* : M.st. 19 (k. 2 tog.) 4 times. Work 12 rounds in m.st., inc. 1 st. at the end of the last round. Work 5 rounds in k. 2, p. 2 rib. Cast off in rib.

## Gloves for Men

### THE RIGHT-HAND GLOVE

Work exactly as given for the Mittens until the 24 rounds above the thumb gusset are completed, omitting the inc. in the last round.

Now divide for the fingers as follows :

**The 1st Finger** : *Next round* : M.st. 9, slip the next 46 sts. on to a piece of wool, cast on 4 sts., m.st. 8. Arrange these 21 sts. on the 3 needles and work 42 rounds in m.st. *43rd round* : (K. 1, p. 2 tog., k. 2 tog., p. 1) 3 times, m.st. 3. *44th round* : M.st. to end. *45th round* : (K. 1, p. 2 tog., k. 2 tog., p. 1) twice, m.st. 3. *46th round* : M.st. to end. Break off the wool, leaving a short length, and using a wool needle thread this through the remaining sts. Draw up and fasten off securely.

**The 2nd Finger** : Slip the first 7 and last 7 sts. on to 2 needles and work as follows : *Next round* : M.st. 7, cast

on 4 sts., m.st. 7, pick up and knit 3 sts. at the base of the 1st finger. Arrange these sts. on the 3 needles and work 48 rounds in m.st. Finish off as given for the 1st finger.

**The 3rd Finger** : Work exactly as given for the 2nd finger, but working only 42 rounds in m.st. instead of 48 rounds.

**The 4th Finger** : Slip the remaining 18 sts. on to 3 needles and work as follows : *Next round* : M.st. 18, pick up and knit 3 sts. at the base of the 3rd finger. Work 38 rounds in m.st., then finish off as given for the 1st finger.

**The Thumb** : Slip the 21 sts. on to the 3 needles and work as follows :

*1st round* : M.st. 21, pick up and k. 6 sts. along the cast on edge. *2nd round* : M.st. 19 (k. 2 tog.) 4 times. Work 36 rounds in m.st. *39th round* : (K. 1, p. 2 tog., k. 2 tog., p. 1) 3 times, k. 1, p. 2 tog., k. 2 tog. *40th round* : M.st. to end. *41st round* : (K. 1, p. 2 tog., k. 2 tog., p. 1) twice, m.st. 3. *42nd round* : M.st. to end. Break off the wool, draw through the remaining sts., and fasten off securely.

### THE LEFT-HAND GLOVE

Work as given for the right-hand glove until the finger division is reached. Proceed as follows :

**The 1st Finger** : *Next round* : M.st. 17, slip the next 46 sts. on to a piece of wool, cast on 4 sts. Arrange these 21 sts. on the 3 needles and complete the finger as given for the right-hand glove. Now complete the remaining fingers and the thumb exactly as given for the right-hand glove.

## ALTERNATIVE INSTRUCTIONS for Fingerless Mittens and Gloves FOR WOMEN

Work exactly as given for the Men's size, but use 3-ply instead of 4-ply wool. Adjust the length of the fingers by working fewer rounds, if required, before shaping the top.

Take no risks . . . use only Lux



## DIRECTIONS FOR KNITTING

## Socks

**Materials:** 6 ozs. of W.B. "Lily" Scotch Fingering 4-ply; 1 set of No. 13 knitting needles pointed at both ends.

**Measurements:** Top to lower edge of heel, 15 ins.; length of foot, 10 to 11 ins.

**Abbreviations:** See Page 2.

**Tension:** 9 sts. to 1 in.

Cast on 92 sts. on 3 needles (31—31—30). Work in k. 1, p. 1 rib for  $3\frac{1}{2}$  ins. inc. 1 st. at end of last round. *Next round:* 1st needle—K. 2nd needle—K. 3rd needle—K. to the last st. p. 1. (This last st. is the seam st.). Rep. last round until work measures  $6\frac{1}{2}$  ins. from commencement.

**Here begin Leg Shaping:** *Next round:* K. 2 tog. both sides of the seam st. K. 7 rounds without shaping. Rep. the last 8 rounds until 81 sts. remain. Cont. without further shaping until work measures  $12\frac{1}{2}$  ins. from commencement, finishing at the end of a round.

**To Shape the Heel:** 1st needle—K. 17, turn, sl. 1, p. 16. Work across 18 sts. from 3rd needle on to this same needle, making a total of 35 sts. on the needle. Leave remaining sts. on 2 needles. Now work in st. st. (1 row plain, 1 row p.) on the 35 sts. for the heel flap, knitting the seam st. in p.

rows and purling it in k. rows for 34 rows ending with a p. row.

**To Turn the Heel:** 1st row: Sl. 1, k. 17, p. 1, k. 5, sl. 1, p.s.s.o., turn. 2nd row: Sl. 1, p. 5, k. 1, p. 5, p. 2 tog., turn. 3rd row: Sl. 1, k. 5, p. 1, k. 5, sl. 1, k. 1, p.s.s.o., turn. 4th row: Sl. 1, p. 5, k. 1, p. 5, p. 2 tog., turn. Rep. 3rd and 4th rows until all the side sts. are knitted in and 13 sts. remain. Sl. all instep sts. on to 1 needle. K. 5 sts. of the heel flap, k. 2 tog. taking a 2nd needle k. 6, then with this same needle pick up and k. 18 sts. along the side of the heel flap. With a 3rd needle knit across instep sts. With a 4th needle k. up 18 sts. along other side of heel flap and 6 sts. from 1st needle (94 sts.).

**Shape Foot thus:** 1st round: 1st needle—K. to last 3 sts., k. 2 tog., k. 1. 2nd needle—K. 3rd needle—K. 1, sl. 1, k. 1, p.s.s.o., k. to end. *Next 2 rounds:* K. Rep. last 3 rounds until 78 sts. remain. Cont. without shaping until foot measures (from the side of the heel where the sts. were knitted up)  $6\frac{1}{2}$  ins. for a 10-in. foot, 7 ins. for a 10½-in. foot,  $7\frac{1}{2}$  ins. for an 11-in. foot.

**To Shape the Toe:** Take 4 sts. from each end of the 2nd needle and place on 1st and 3rd needles making 20—38—20.

Only Lux is really safe for woollens



1st round : 1st needle—K. to last 3 sts., k. 2 tog., k. 1. 2nd needle—K. 1, sl. 1, k. 1, p.s.s.o., k. to last 3 sts., k. 2 tog., k. 1. 3rd needle—K. 1, sl. 1, k. 1, p.s.s.o., k. to end. 2nd round : K. Rep. last 2 rounds until 38 sts. remain. Now decrease in every round until 26 sts.

remain. K. 6 sts. on to the 3rd needle from the 1st needle, place the remaining st. on to 2nd needle (13 sts. on two needles) place the two needles tog. and graft.

Lightly press on wrong side with a warm iron.



## DIRECTIONS FOR KNITTING

## Scarf

**Materials :** 7 ozs. Lister's "Lavenda" 3-ply Scotch Fingering in Air Force blue ; 1 oz. of the same wool in white or a contrasting shade ; a set of 4 No. 10 needles, pointed at both ends ; a crochet hook.

**Measurements :** Length, 54 ins. ; width, 9 ins.

**Abbreviations :** See Page 2.

**Tension :**  $7\frac{1}{2}$  sts. to 1 in.

Using the Air Force blue wool, cast on 135 sts. (45 on each of 3 needles) and work in rounds of st. st. (every round k.) for 4 ins. Join in the white wool and cont. in the following stripes :—

—2 rounds of white—4 rounds of blue  
—2 rounds of white—4 rounds of blue  
—2 rounds of white—4 rounds of blue  
—2 rounds of white—4 rounds of blue  
—2 rounds of white.

Break off white wool and cont. working in the blue until work measures 48 ins. from lower edge. Now rep. the striped border and finish with 4 ins. of blue to match the other end. Cast off.

Press the scarf so that the slight break in the stripes at the end of the round comes at the extreme edge.

Using the crochet hook and blue wool work 2 rows of double crochet along each end, taking the hook through both edges at once.

Now make a fringe as follows :—

Cut several 4 in. lengths of blue wool. Take 2 strands at a time and fold in half, then, using the crochet hook, draw the loop through the edge of the scarf. Now draw the 4 ends through the loop and pull up tightly. Cont. this along both ends.

Avoid undissolved soap... use only Lux

**THE WOOLS FEATURED  
IN THIS BOOKLET HAVE  
BEEN TESTED AND WASHED  
SATISFACTORILY IN . .**



When washing knitted woollens for the first time, test the yarn or an inconspicuous portion of the garment in lukewarm water for five minutes. If the water is only slightly discoloured, the article may be washed. Any fabric or colour safe in water is safe in Lux.



Before washing, draw an outline around the garment on a piece of plain heavy paper. Keep this paper pattern to use each time. Another way is to measure the length of the garment, the length of the sleeve, width across top, waist, and at bottom.



Make rich, lasting suds with gentle Lux in lukewarm (barely warm to wrist or elbow) or cool water. Never use hot water — it tends to shrink and fade woollens. Squeeze suds through and through the material. Do not rub. Rubbing tends to mar the fibres.



Rinse three times in lukewarm water, the same temperature as the wash water. Squeeze out as much water as possible, but do not wring or twist. Insert white cloth between folds to prevent colours printing one upon the other. Roll in Turkish towel and knead out the moisture. Unroll immediately to avoid streaking.



Ease out to original measurements, or pin to outline on something firm (corrugated paper or rug). Be careful to use rust-proof pins. Dry flat — away from the sun or excessive heat. Press out pin marks with hot iron over a damp cloth.

**LUX WON'T SHRINK WOOLLENS**

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